Butter Spirits usually appear in the guise of little old men, dressed in green and usually no more than two or three feet high. Found all over Ireland but mainly in Counties Sligo and Monaghan, they are distantly related to the lephrechaun but are much more roguish and thieving in their ways. They will steal things which are not fastened down and will take food which is not marked with the sign of the Cross. They particularly enjoy fresh butter and will draw off the "good" of the milk before it is churned. All that will remain is an unusable froth which will not yield any butter at all.

A Field Guide Irish Fairies

irelandseye.com

july 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31		•	.