In some parts of Ireland, *merrows* are regarded as messengers of doom and death...

If you have to sleep on a beach then it is advisable to sleep within the sound of a church bell, since the sound will drive away the malignant sea-folk.

A Field Guide Irish Fairies

irelandseye.com

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	D 1